

Mrs. Read's Learning Activities
Week May 25 - 29

Goal # 1 Read with your child every day.

Goal # 2 Try to do one activity from each of the 4 areas (Literacy, Numeracy, Health and Wellness, and Play) during the week.

Learning Intentions - This week we are working on:

- the relationship between reading, writing, and oral language
- letter-sound correspondence
- develop mental math strategies and abilities to make sense of quantities
- daily physical activity helps us develop movement skills and physical literacy, and is an important part of healthy living

*Try to spend some time this week at kids a-z.com. Good beginning reader books for your child to listen to and read.

LITERACY

1. Do you remember what 'ch' says in words? It is the beginning sound you hear in: chin; chew; child; chain; and chalk. Make some ch's out of anything you choose and say the ch sound as you complete them.

2. The word 'church' has 'ch' as both beginning and ending sounds. I wonder if your mom, grandma, or auntie remembers this finger play and can show you.

Here is the church (palms down, fingers intertwined)

and here is the steeple (point index fingers up)

open the doors (two thumbs together, move outward)

and here are the people (wiggle fingers)

Can you learn to do this finger play?

3. Can you copy this sentence starter and complete it? Use your knowledge of letter sounds, spaces between words, and a period at the end of the sentence.

I like to chew

Please send Mrs. Read a photo of this.

4. Draw some things that start with 'ch'. Use your knowledge of letter sounds to print the word(s) under your drawing(s).

5. Make up 5 or more rhymes for 'chain'.

NUMERACY

1. Play Snakes and Ladders

2. Find 9 similar objects (i.e. rocks). Roll 1 die and take that number away from the

9. How many do you have left? Write the equation $9 - _ = _$. Can you make 5 equations; starting with 9 each time?

3. While sitting around a table, ask your child to figure out how many fingers are at the table without counting each finger individually. (i.e. 5's and /or 10's)

4. Sort a handful of change your adult lets you play with. Can you identify the different coins? Can you count how much money you have in each group? With help, can you count how much money you have altogether?

5. Make numbers 1 - 10 out of found nature materials (i.e. shells or beach rocks).

HEALTH and WELLNESS

1. Slugs and snails can often be found in the early morning. They damage gardens. Get an ice-cream bucket with lid and a leaf (to pick them up with) and collect as many as you can find. Release them far away from your (and your neighbours') gardens.
2. While playing with a ball, make up patterns (for example: bounce, bounce, catch.....).
3. Tell your adult the best things about learning from home. Give examples of the best things you have done together.
4. Get a hockey stick or pool noodle. The length of the pool noodle or hockey stick is approximately the distance one should be apart from someone not in their household. Practice physical distancing using the objects to help you measure.
5. Practice handstands.

PLAY

1. Search ymcahome.ca/ygm and click on Physical Activity for Ages 5 - 9. You will find many videos, each video is instructed by a YMCA certified fitness coach and features content based on YMCA Canada Health and Fitness programs and Canada's Physical Activity Guidelines.
2. Build an obstacle course with stations for the children to cycle through. For example:
station 1 - crawl under the chair - hop on 2 feet 10 times
station 2 - scramble over the log - do 5 Jumping Jacks
station 3 - run 20 meters - do 5 push ups - run to finish line
3. Play with a Frisbee.
4. Play dress-up; old Halloween costumes, clothes put aside for the charity bin etc can work well.
5. Ride your scooter.