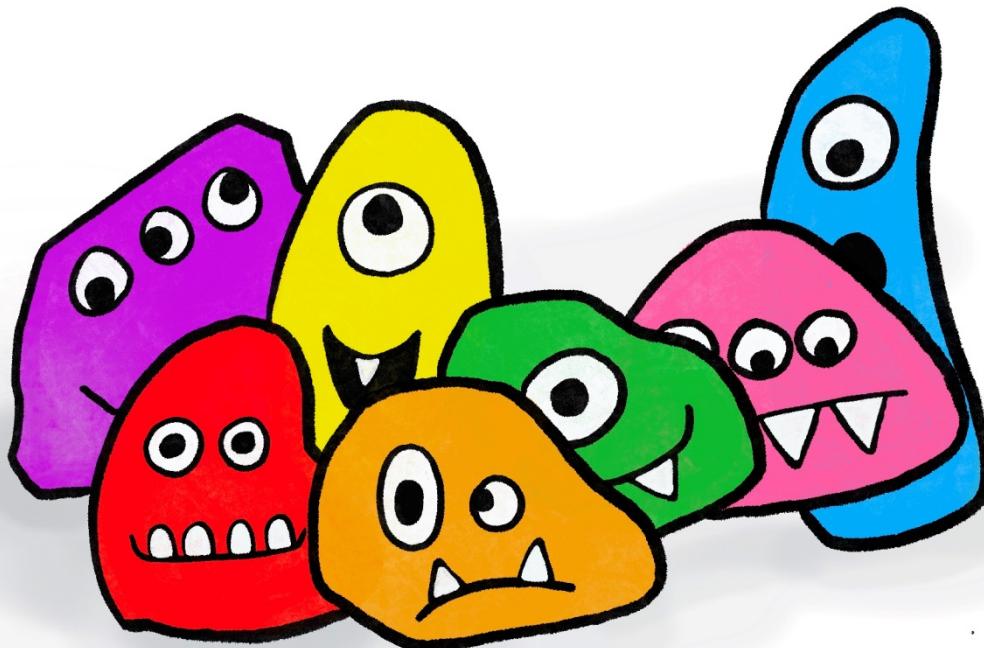


ROCK MONSTERS



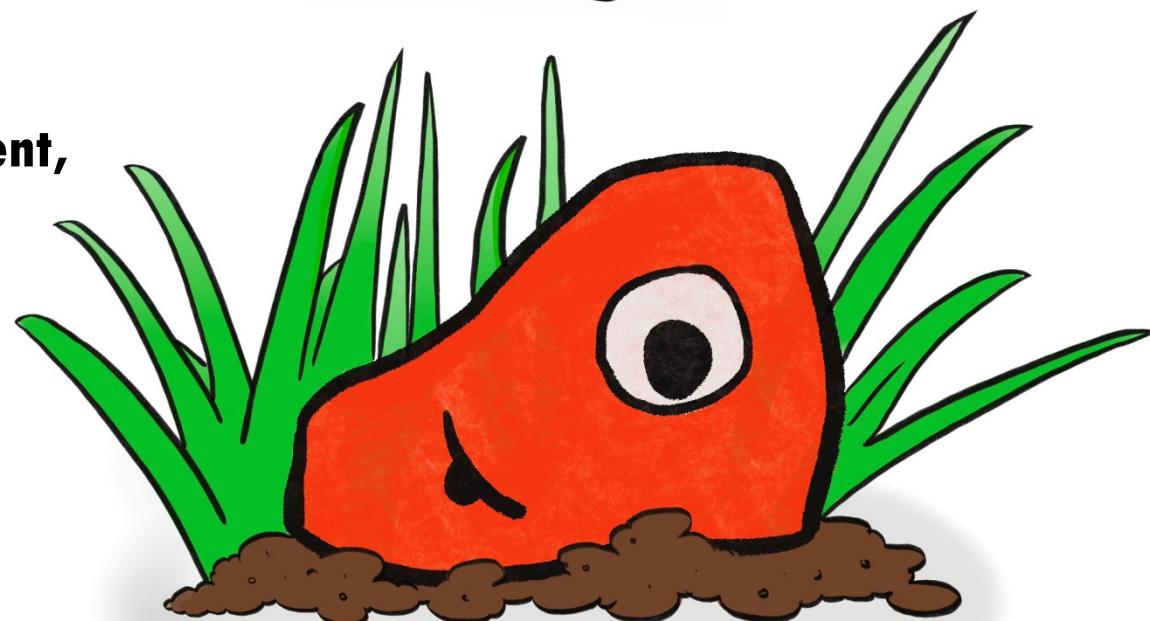
**You may have heard of monsters,
You might think they are scary**

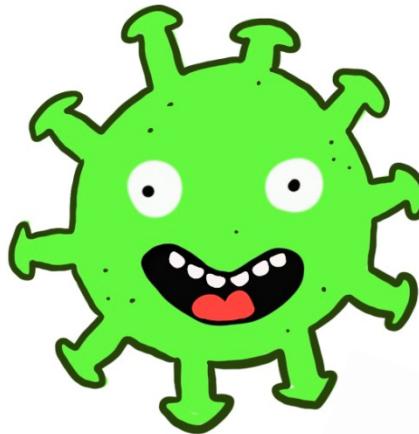
**Crazy eyes and big sharp teeth,
Some are even hairy**

**But rock monsters are different,
They're really very nice**

**So if you see one, listen,
They offer us advice**

I'M
A
FRIEND!





**There is a virus out there,
It's called Covid-19**

**Though it can make you sick,
It's too small to be seen**

**And so we must stay close to home,
We can't go many places**

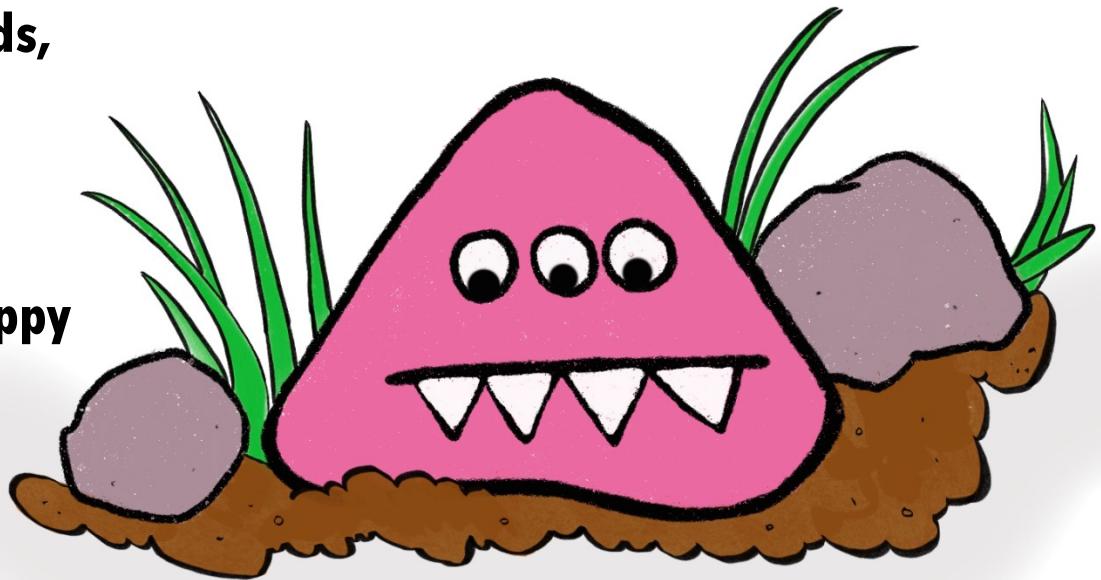
**We will miss our families
And favourite friendly faces**

**So when you walk along the street
With eyes open wide**

**Look for little monster friends,
They really like to hide**

**They're there to make us happy
And remind us, too**

**Of how to love each other
And some important things to do**

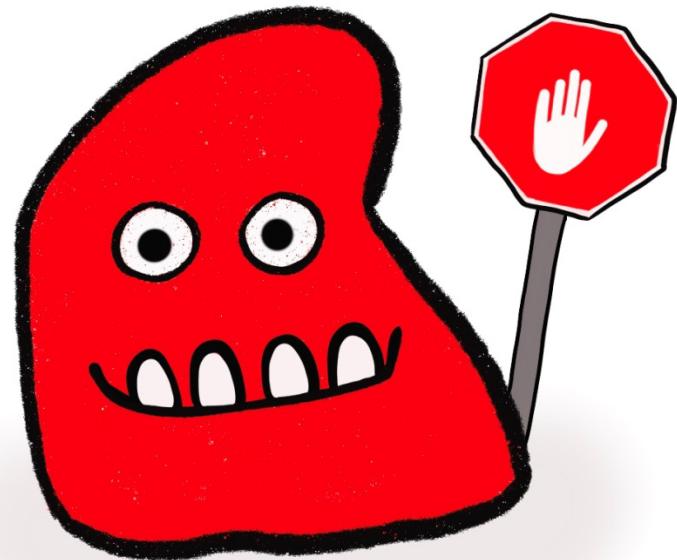


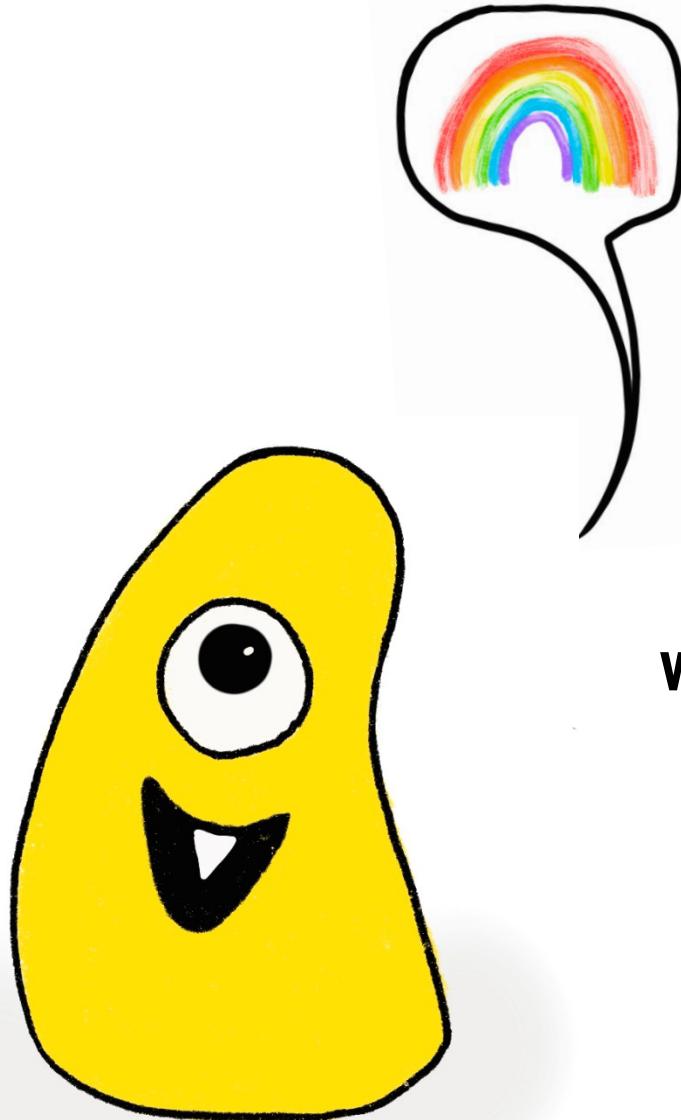
**Red monsters, they make sure
Everybody understands**

**That we must stay very clean
And wash wash WASH our hands**

**So when you see a red one STOP!
And ask yourself this question:**

**“Are my hands clean?!” and if not, WASH,
Its more than a suggestion!**





**Yellow rocks are happy,
Under trees they hide**

**They want us to remember to
Look at the brighter side**

**We may feel lonely, missing friends,
Parks, stores and schools**

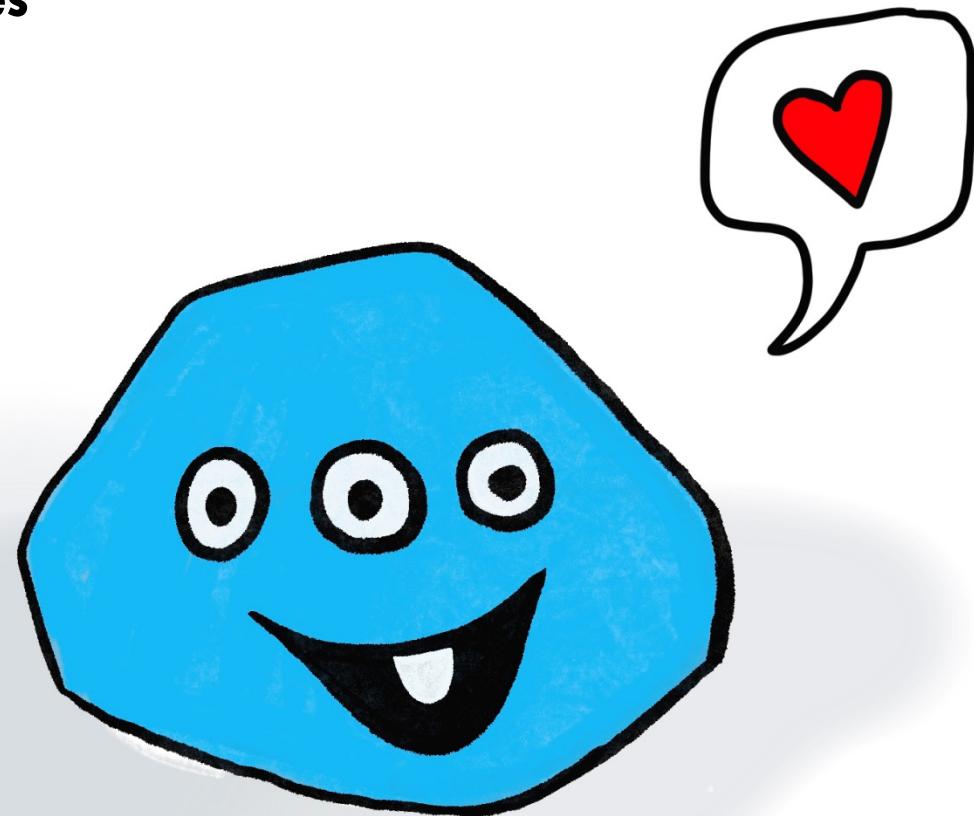
**But we can call our loved ones
Which is following the rules**

**Blue rocks are there to tell us
That we need to stop and say**

**Thanks to those who risk their lives
Each and every day**

**Doctors, nurses, drivers,
Grocers, scientists and more**

**Working hard to keep us healthy,
There is lots to thank them for!**



**Green rock monsters tell us
To keep our bodies strong**

**Move your body- dance, run, jump,
You cannot do it wrong**

**Eat the healthy food you can,
Veggies and fruits are best**

**So you can fight the viruses
That may put you to the test**

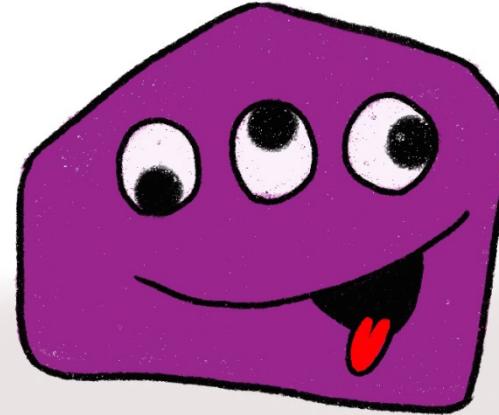


**Purple monsters tell us
In case we just forgot**

**There are adults who take care of us,
An easy job, it's not**

**They're working hard to keep you safe,
They really really love you**

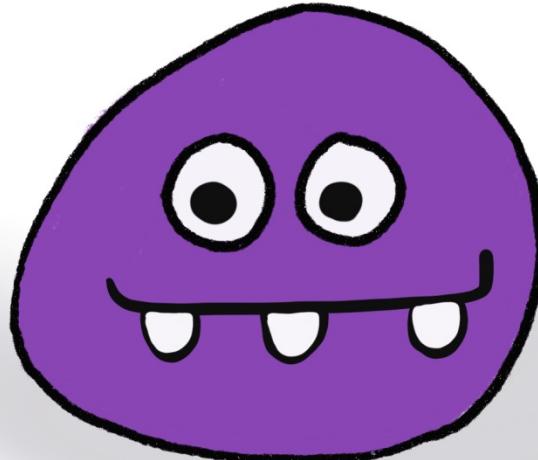
**They give you food and clothes and fun,
They keep a roof above you**



**These adult jobs are hard right now,
It's tough being home all day**

**They have lots they need to do,
They can't just sit and play**

**So if you can be a helper,
Be kind, cooperate**



**Purple monsters would be proud,
They think that you're just great!**

**Pink and white and brown rocks,
Orange, silver and gold**

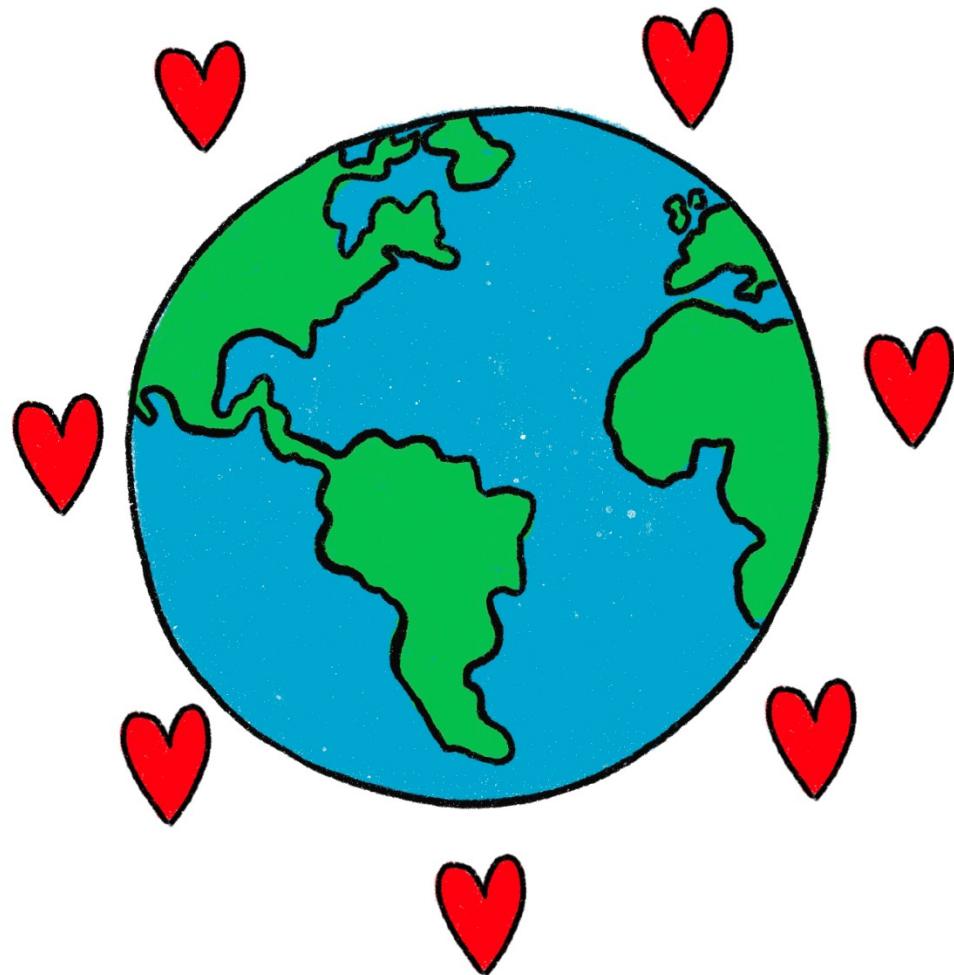
**Remind us all of something big,
The biggest, I am told**

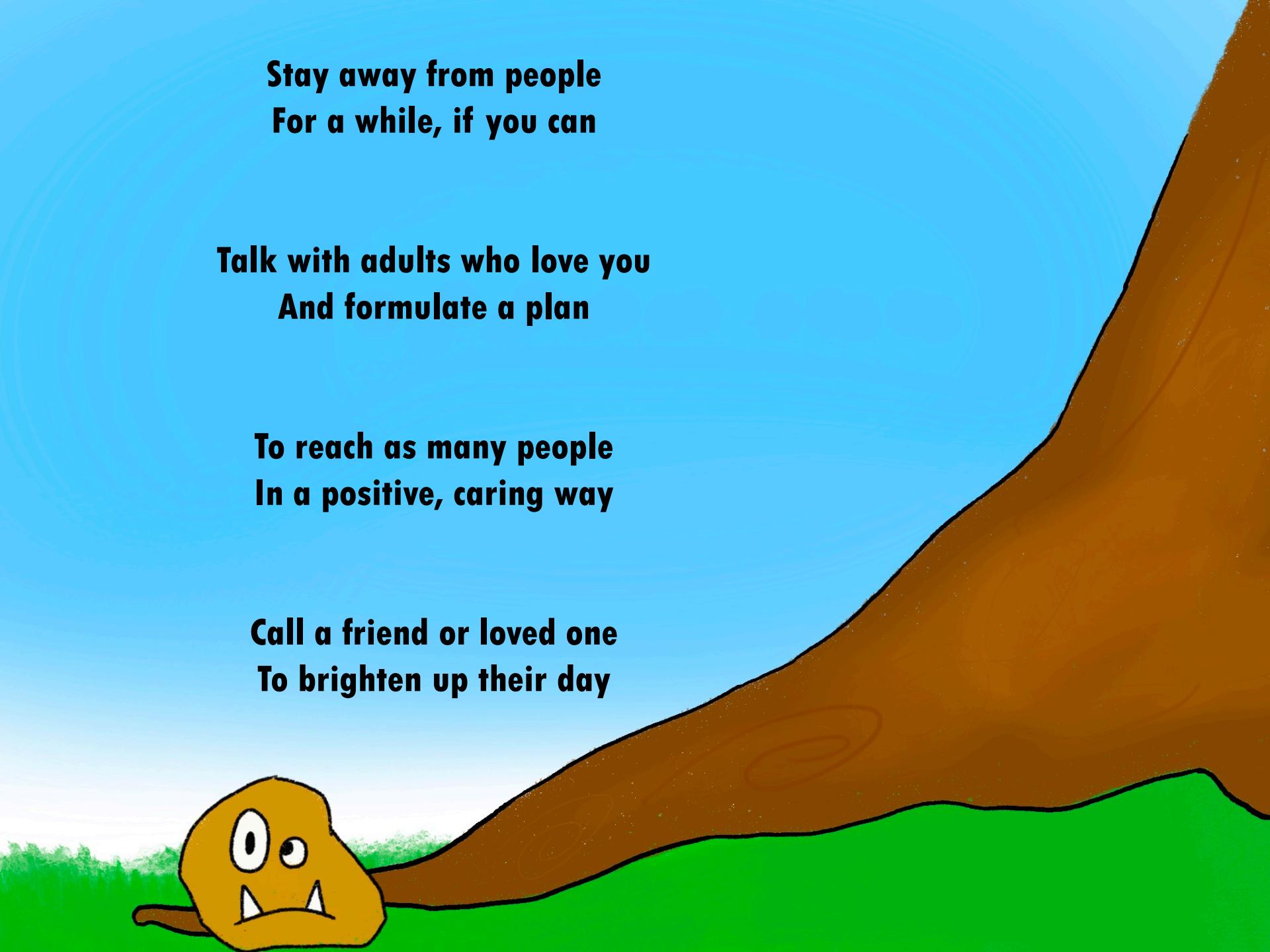
**There are so many people
On this big, huge, giant earth**

**And though we are all different
Every one of us has worth**

**We are all so connected
Even if we feel apart**

**So send out love to everyone
From the bottom of your heart**





**Stay away from people
For a while, if you can**

**Talk with adults who love you
And formulate a plan**

**To reach as many people
In a positive, caring way**

**Call a friend or loved one
To brighten up their day**

**Make your own rock monsters
To hide around your hood**

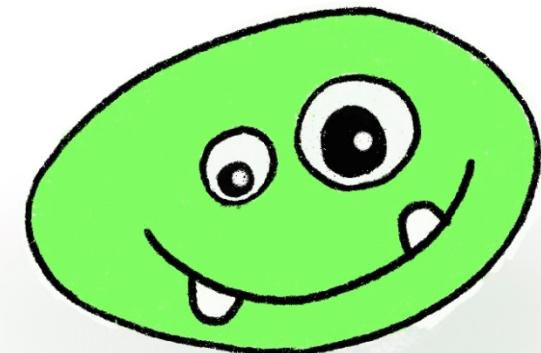
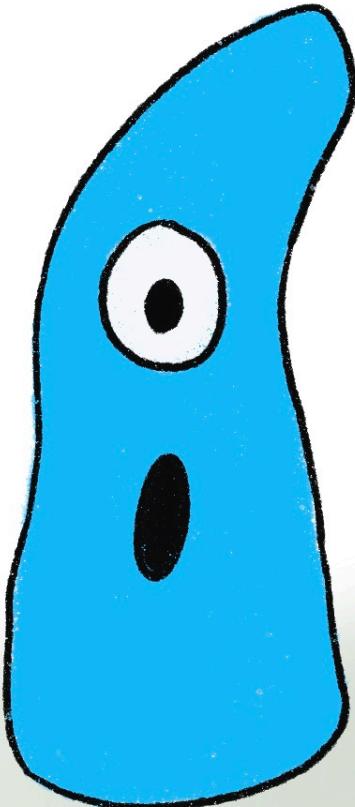
**They say to those who see them
We are doing what we should**

**Washing up and staying home,
Sending love from afar**

**To those out there who struggle
And aren't as lucky as we are**

**So when you look for monsters
If you see a neighbour or friend**

**Give a wave and say hello,
We're in this together, til' the end**



THE END

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