

## Week April 20 - 24

Goal #1 Read with your child every day.

Goal #2 Try to do one activity from each of the 4 areas (Literacy, Numeracy, Health and Wellness, and Play) during the week.

Learning Intentions - This week we are working on:

- language and stories can be a source of creativity and joy
- letter knowledge and formation
- financial literacy
- number concepts to 10

### LITERACY

#### 1. Hidden Message

Using a white crayon and white paper, write a message to a family member living in your home. Have them try to read the message. Show how to read the message by painting over the paper with watercolour paint; or colouring over with sidewalk chalk.

#### 2. Scavenger Hunt

Make it a nature hunt outside. Help your child to read the 8 or so items that you printed that they could find and collect in a basket.

#### 3. Play Tic Tac Toe with X's & O's

4. Children look in books, newspapers and magazines for words that have an X in them. Print found words on a recording sheet. Can you find 4?

5. Rhyme 5 different objects in your kitchen.

### NUMERACY

#### 1. Bake Something

Perhaps you could make muffins, or Yorkshire puddings, or cupcakes. Measure carefully.

2. Count as you do jumping Jacks. Can you get to 30?

3. Collect 10 rocks. Order them from smallest to biggest. Please send Mrs. Read a photo when you have done this.

4. Find a grocery store flier from a newspaper. Use a pencil to circle all the number 6's you find.

5. Sort the money in your piggy bank (or a handful of change your big person lets you play with). Can you identify the different coins? How much money do you have just in dimes?

### HEALTH AND WELLNESS

#### 1. The floor is Lava Game/ Don't Touch the Lava

Attach pieces of coloured paper to your floor using delicate painters' tape. Alternately you could use mats, cushions, pillows etc.. Turn on music. Jump, skip, dance from safe area to safe area while staying off the lava

#### 2. Relay Races

- Potato sack race (use garbage bags or pillow cases)
- 3-legged race (use socks, ties, or shoe laces)
- Spoon race (holding a hard-boiled egg, ping pong ball, or marshmallow)
- obstacle race

3. Brainstorm feeling words and write down each word on a piece of paper or sticky note. Draw or make faces that go along with those feelings. Talk about how each family member is feeling now. Talk about having a lot of feelings now is okay.

#### 4. Practice Thankfulness

Think of 5 things that you are thankful for. Tell a stuffed animal friend of yours.

5. Find a 4-leafed clover. Pick it so that it has the longest stem possible. Put it between pieces of wax paper and press it between pages of a heavy book. You will have a good luck charm for many years to come.

### PLAY

#### 1. Balloon Rockets

Material: balloons; yarn (cut to 2 meters); straw; tape; scissors; and 2 chairs.

Gather materials, tie one end of the yarn to the back of a chair. Thread a drinking straw onto the other end of the yarn and tie it to the second chair. Attach two pieces of tape to the centre of the straw (this will hold the balloon). Inflate the balloon leaving the end untied, hold onto the end so the air won't escape and attach it to the straw using the tape. Pull the balloon to one end of the yarn and let it go. The balloon should shoot across towards the other chair.

#### 2. Pretend Camping Trip

Set up a tent - real or play. Use sleeping bags or blankets and flashlights. Sing camp songs.

#### 3. Make a Collage

Make a collage with magazine pages. It could be based on one colour or one theme. Cut and paste onto a piece of paper.

#### 4. Make Musical Instruments

Find items around the house and construct different instruments. A plastic ice-cream container could be a drum. A folded paper plate with a few dried beans, taped or stapled shut can produce interesting sounds. Don't forget to decorate. Put on some music and keep the beat.

#### 5. Soap Clouds

Take a bar of Ivory Soap, wrapper removed, and place it on a piece of waxed paper, parchment, plastic wrap, or paper towel in your microwave. Start your microwave on high for 2 minutes - stop when you need to. Watch what happens. It starts growing. The fresher the Ivory soap, the bigger the result. It looks like it is foamy and wet but it is not. You can pick it up in one piece. If you smash it, it will break into pieces and you will end up with soap dust. Use your soap cloud in the bathtub when you bathe.

or

Smash the soap cloud into a bowl and beat with an electric mixer, food processor, or spoon. Add warm water until it just comes together (you may wish to add a few drops of food colouring). Children press the moldable mixture into cookie cutters. When soaps are molded, but still wet, gently push them out of the molds and let them sit in a cool dry place for a few days. Enjoy your colourful, shaped soaps. Only use Ivory soap.